

UPSOAR

Arkansas has the second-highest rate of opioid prescriptions in the nation, according to the CDC. This trend has severely affected the health of entire communities, with counties like Stone, Sharp, Baxter, Fulton and Izard being among the most affected by opioid and substance abuse related death in the state.

As a result, funded by USDA, Winrock International, with Ozarka College and UAMS implemented the UPSOAR project to deliver opioid and substance use disorder training, education and awareness to Stone, Sharp, Izard, Fulton, and Baxter counties in Arkansas.

UPSOAR delivered free, interactive trainings to adults and youth and provided ready-made tools available online for further education. These efforts resulted in:



726

Adults trained in Opioid & Substance Use Disorders.



184

Adults trained in risk-free simulation trainings to help participants identify signs of and respond to an overdose.



1,275

Youth trained in local schools.



5

Educational videos on opioid and substance use disorders, reaching over **370 people**.



10

Interactive, educational modules used by educators, employers, and general public. These have reached **2,841 people**.



42

Referrals services to participants who need treatment or counseling for opioid or substance use disorders problems.

EDUCATION AND TRAININGS ACHIEVED:

- Reaching **132 different organizations**, schools, and businesses in 16 counties in Arkansas and Missouri.
- Reducing stigma associated with opioid use disorder and substance abuse in over **80% of participants**.
- Increasing confidence in identifying and reacting to opioid and substance abuse overdose, including to local first responders.
- Increasing knowledge about practical resources for those struggling and their support network for over **91% of participants**.
- Increasing knowledge and understanding about prevention, treatment and recovery of Opioid Use Disorder and Substance Use Disorders for **89% of participants**.

For more information, please contact:

Michelle Perez, Winrock International
michelle.perez@winrock.org



ADDITIONAL RESOURCES & ONLINE TOOLS AVAILABLE:

To access additional resources and educational tools, click the links below:

■ Educational Modules and Videos

■ Community Resource Guide

■ Adult educational factsheet

■ Project Website